

A microscopic image of several eosinophils, characterized by their bilobed nuclei and reddish-orange granules. The image is overlaid with a semi-transparent white box containing text.

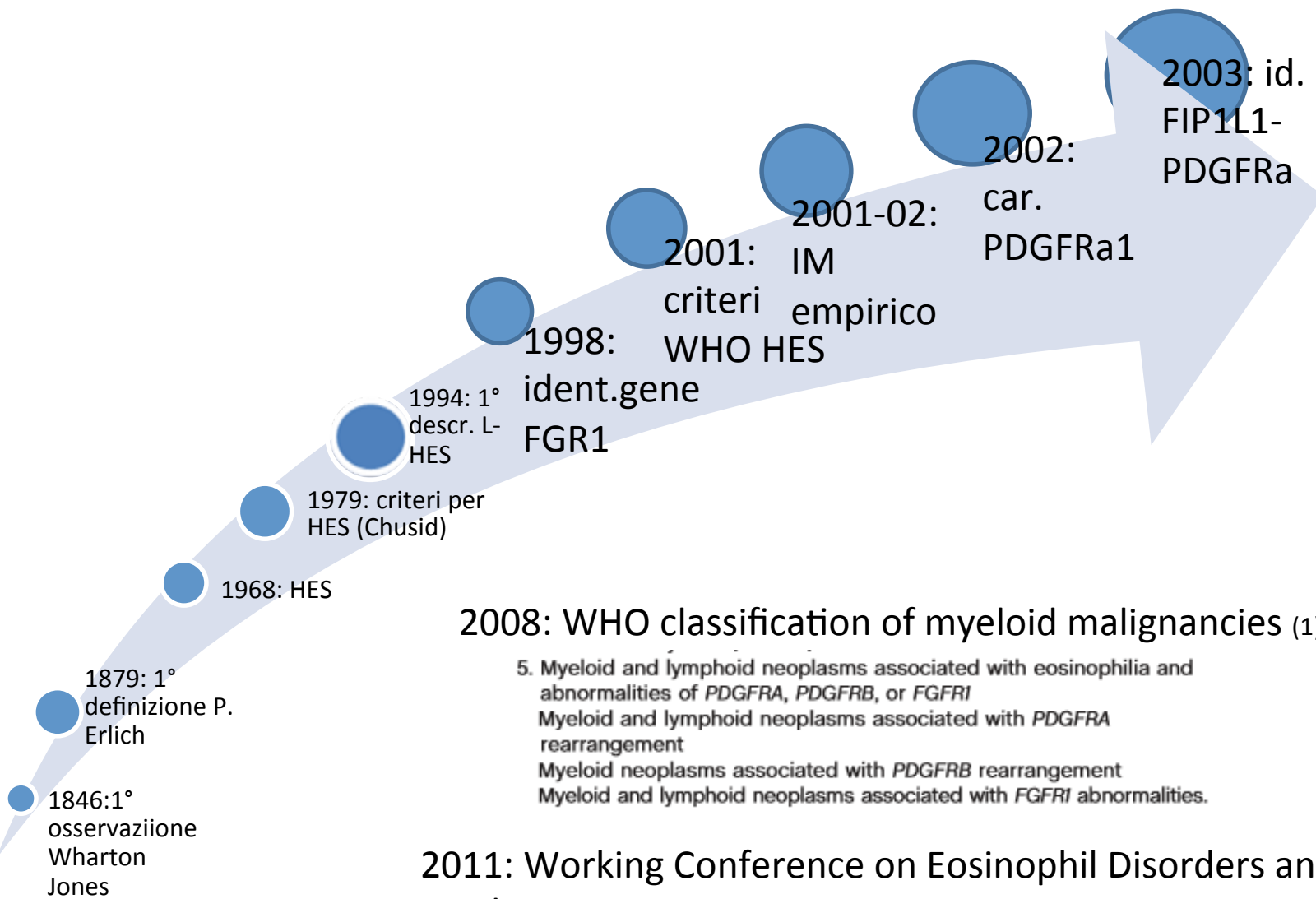
Le sindromi ipereosinofile

Eros Di Bona
UOC Ematologia
Vicenza

A detailed architectural drawing of a classical building with multiple columns and arches, located in the bottom left corner of the slide.

VII Giornate Ematologiche Vicentine
Vicenza, 10-12 ottobre 2016

A detailed architectural drawing of a classical building with a prominent dome and arches, located in the bottom right corner of the slide.



2008: WHO classification of myeloid malignancies (1)

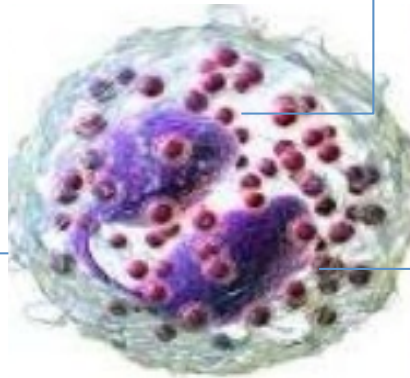
- 5. Myeloid and lymphoid neoplasms associated with eosinophilia and abnormalities of *PDGFRA*, *PDGFRB*, or *FGFR1*
- Myeloid and lymphoid neoplasms associated with *PDGFRA* rearrangement
- Myeloid neoplasms associated with *PDGFRB* rearrangement
- Myeloid and lymphoid neoplasms associated with *FGFR1* abnormalities.

2011: Working Conference on Eosinophil Disorders and Syndromes (2)

HE subtypes were divided into a hereditary (familial) variant (HE_{FA}), HE of undetermined significance (HE_{US}), primary (clonal/neoplastic) HE produced by clonal/neoplastic eosinophils (HE_N), and secondary (reactive) HE (HE_R). HEUS was introduced as a novel term in lieu of “idiopathic HE.”

1) Bain BJ et al; World Health Organization Classification of Tumours. Pathology and Genetics of Tumours of Haematopoietic and Lymphoid Tissues. Lyon, France: IARC Press;2008. pp 68–73
 2) Valent P et al; J Allergy Clin Immunol 2012;130: 607–612.

Che cos'è un eosinofilo?



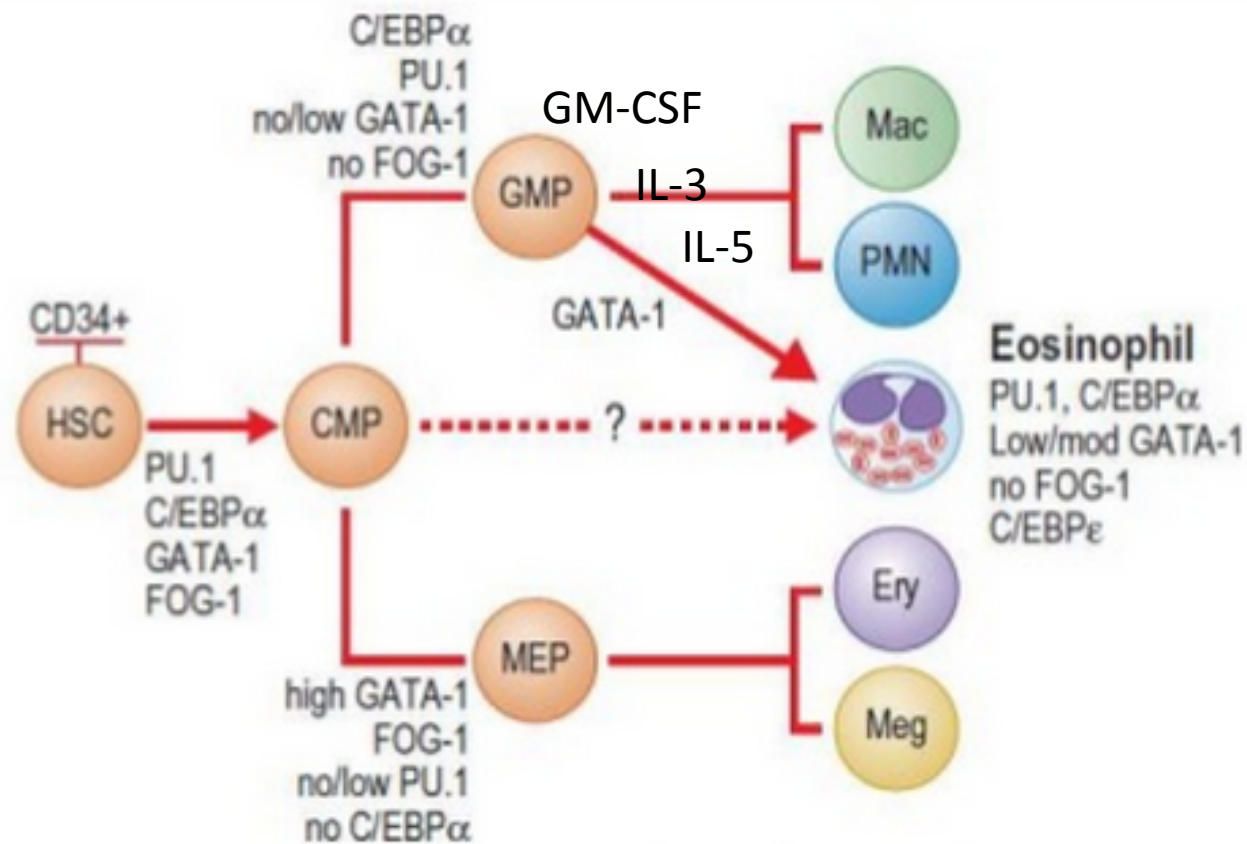
Eosinophil major basic protein (eMBP)
Eosinophil cation protein (ECP)
Perossidasi
Neurotossina a derivazione eosinofila

Mediatori lipidici
Leucotriene
Fattore attivazione piastrinico

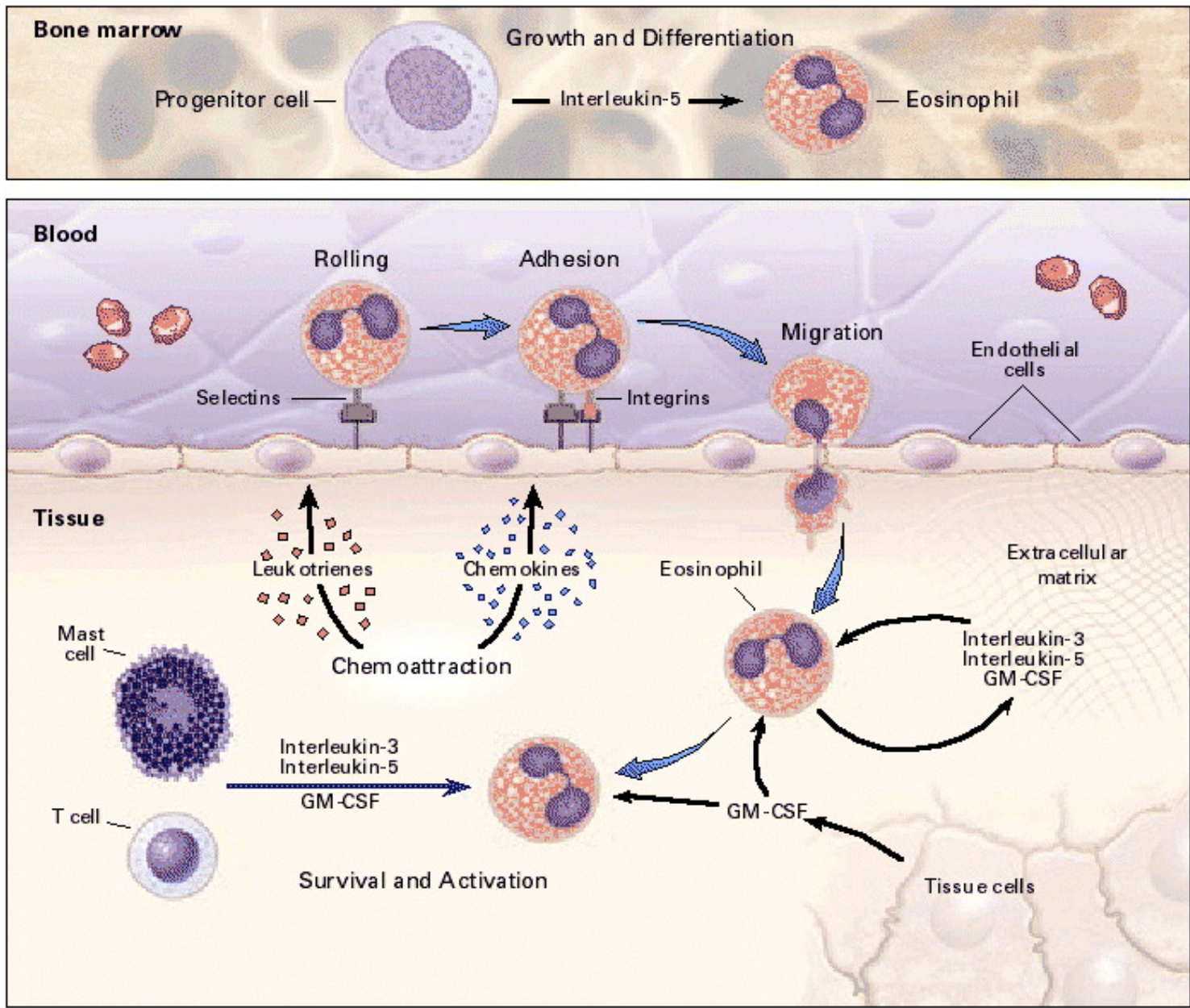
- Recettori per:
Ig, complemento, citochine (IL2, 3, 5, GM-CSF)
Steroidi, istamina, b-adrenergico,
PAF, LTB4, ECF-A
HLA cII, cI II, CD4
- Molecole di adesione

Chemiotassi
Attività pro-infiammatoria
Attività rimodellamento tess.
Adesione all'endotelio
Attivazione coagulazione
Attivazione fibroblasti

Produzione



4-5 giorni



Rothenberg ME. N Engl J Med 1998;338:1592-1600.



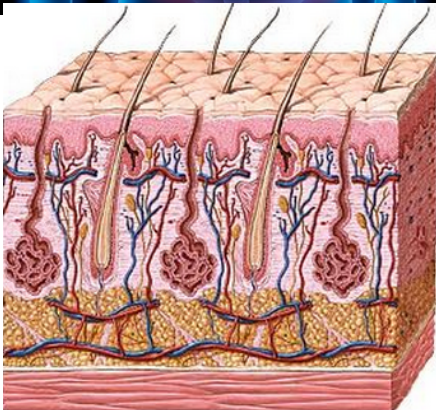
Distribuzione degli eosinofili



100

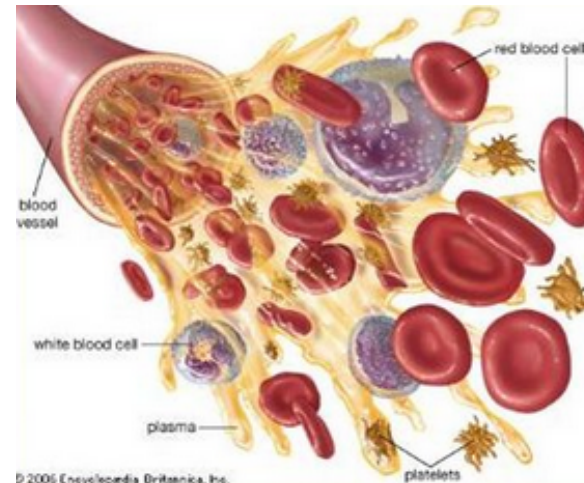


eotassina1



2-5 gg

1



8-18 ore

Definizioni

- Eosinofilia: >500/mmc
 - Lieve: >500-1500/mmc
 - Moderata: 1500-5000/mmc
 - Severa: >5000/mmc
- Sindrome ipereosinofilia (Chusid MJ, 1975; Valent P, 2012)
 - >1500/mmc in 2 separati controlli
 - **Danno d'organo**
 - Esclusione di cause secondarie

Definizioni

Infiltrazione tissutale

- >20% eosinofili nel midollo
- Estesa infiltrazione nei tessuti
- Dimostrazione di mediatori di provenienza eosinofila

Danno d'organo

- Estesa infiltrazione nei tessuti
- Dimostrazione di mediatori di provenienza eosinofila



Fibrosi
Trombosi (+/-TE)
Cute/mucose
Neuropatia centrale o periferica

Danno d'organo



- Miocardite, insufficienza cardiaca cronica, insufficienza mitralica e tricuspide, trombosi endocardica e valvolare, cardiomiopatia restrittiva



- Fibrosi polmonare, polmonite eosinofila, versamento pleurico, embolia polmonare, broncospasmo



- Confusione, atassia, perdita di memoria, neuropatia periferica sensitiva e motoria, ischemia cerebrale da TE



- Angioedema, orticaria, papule eritematose, rash, noduli, ulcere mucose



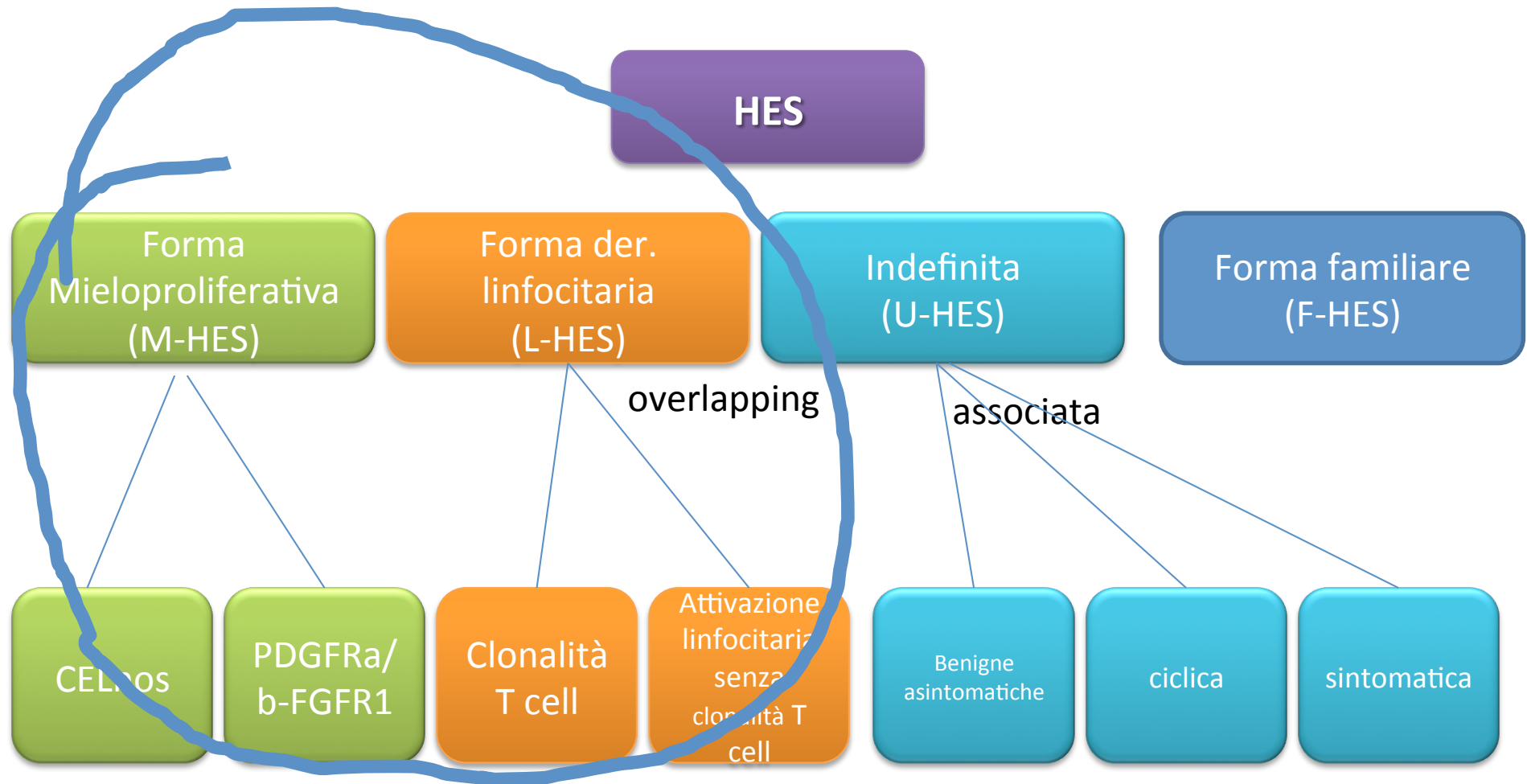
- Splenomegalia, epatomegalia, diarrea, dolore, nausea, vomito, gastrite, ulcerazione, colite, colangite

Prevalenza

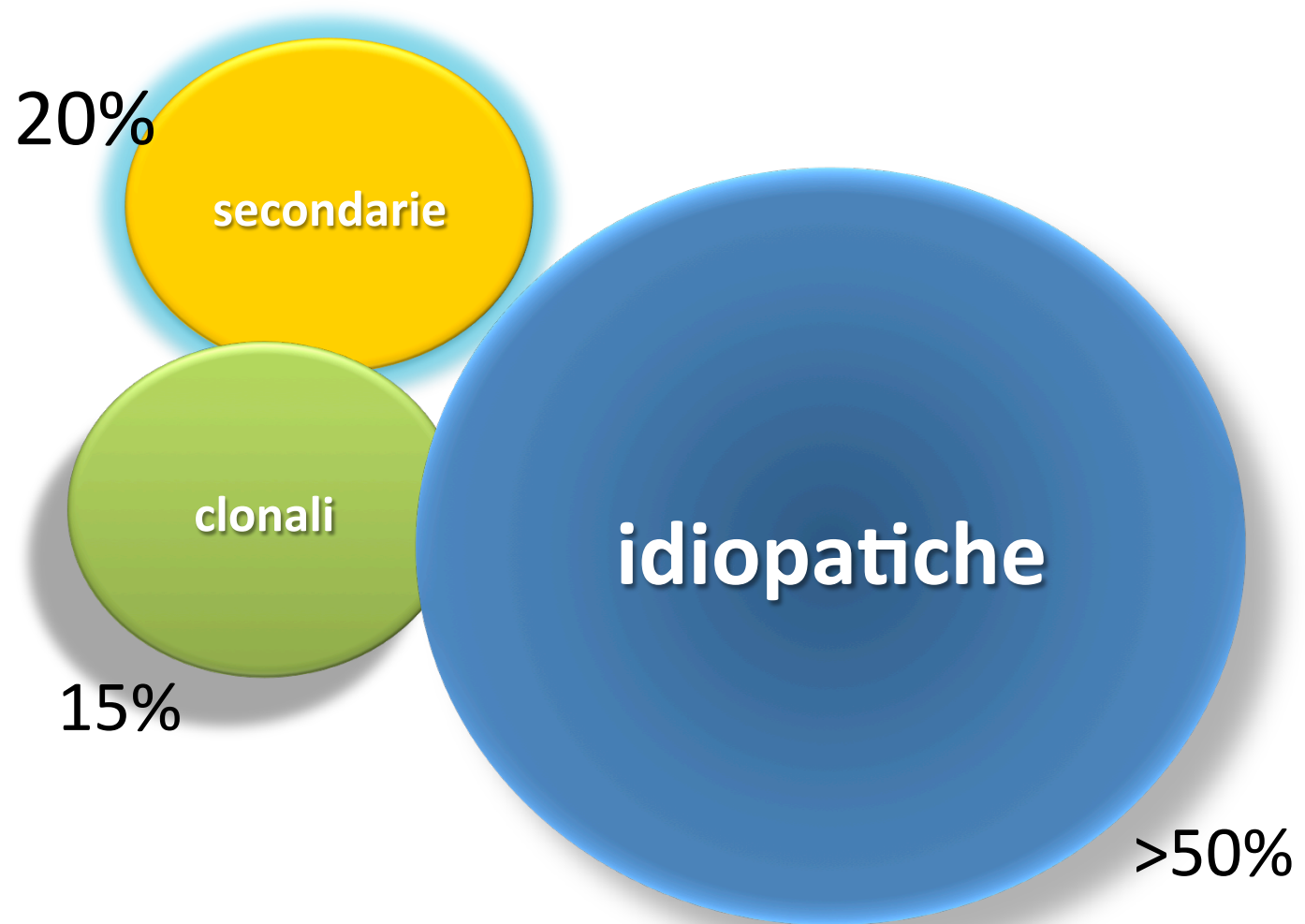
SEER: 2010

- 0.3-6.3 casi/100.000 persone/anno
- 52 aa età mediana
- M>F

Classificazione



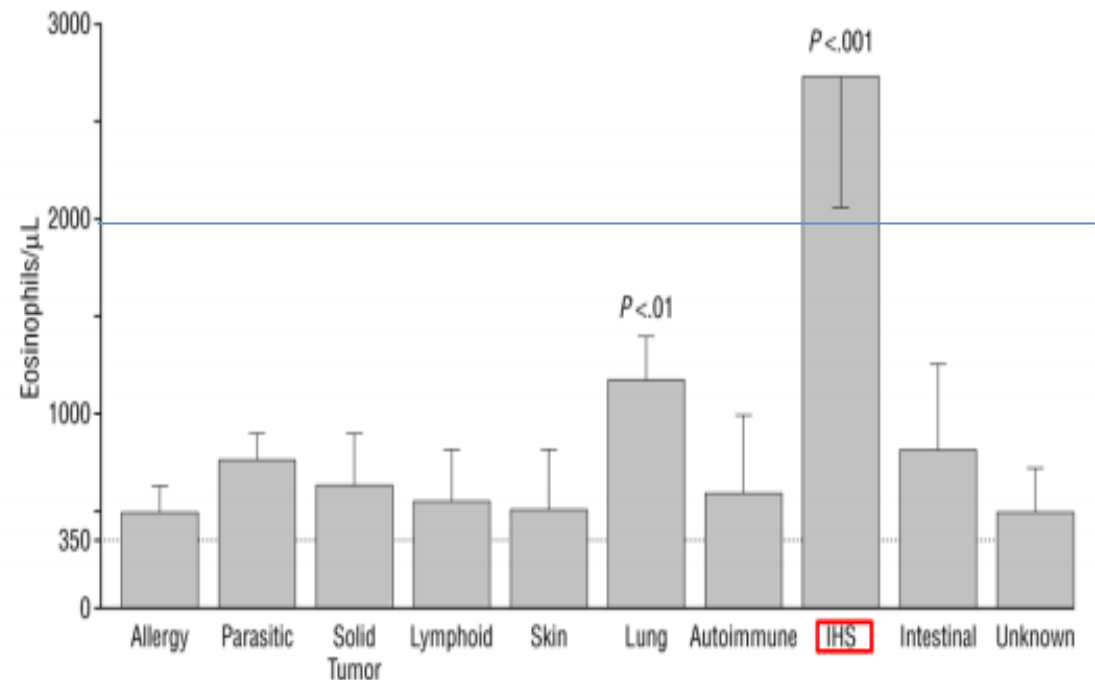
Diagnosi



Distribution of Diseases in 1862 Patients With Eosinophilia

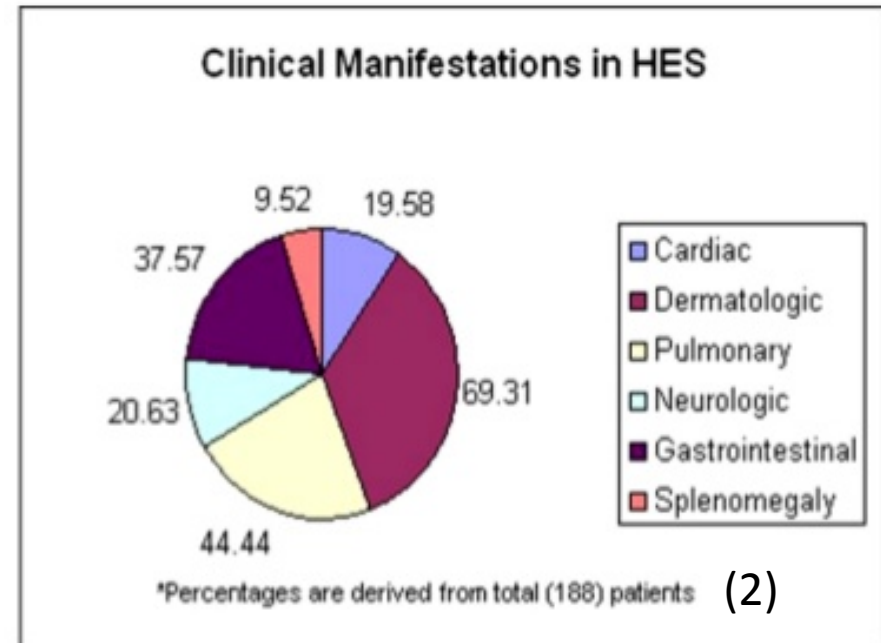
Disease	Patients, No. (%)
Allergic diseases	1485 (79.7)
Asthma	492 (26.4)
Rhinitis	755 (40.5)
Rhinoconjunctivitis	215 (11.5)
Allergic GE	23 (1.2)
Parasitic infections	152 (8.2)
Helminths	146 (7.8)
Protozoa	6 (0.3)
Hemolymphoid neoplasms	44 (2.4)
Hodgkin disease	23 (1.2)
Non-Hodgkin lymphoma	12 (0.6)
IgA myeloma	2 (0.1)
Idiopathic hypereosinophilic syndrome	7 (0.4)
Solid tumors	35 (1.9)
NSCL cancer	14 (0.8)
Gastric cancer	6 (0.3)
Colorectal carcinoma	10 (0.5)
Pancreatic cancer	3 (0.1)
Other	2 (0.1)
GI diseases	29 (1.6)
Ulcerative colitis	11 (0.5)
Crohn disease	5 (0.3)
Celiac disease	9 (0.5)
Eosinophilic GE	4 (0.2)
Skin diseases	40 (2.1)
Chronic idiopathic urticaria	25 (1.3)
Atopic dermatitis	14 (0.8)
Weg syndrome	1 (0.05)
Lung diseases	14 (0.8)
Pulmonary aspergillosis	5 (0.3)
Churg-Strauss syndrome	2 (0.1)
Wegener disease	1 (0.05)
Sarcoidosis	5 (0.3)
Eosinophilic pneumonia	1 (0.05)
Autoimmune diseases	12 (0.6)
Rheumatoid arthritis	6 (0.3)
Sjögren syndrome	3 (0.1)
Rheumatic polymyalgia	2 (0.1)
Behçet syndrome	1 (0.05)
Eosinophilia of unknown significance	51 (2.7)
total	1862 (100)

Abbreviations: GE, gastroenteritis; GI, gastrointestinal; NSCL, non-small cell lung.



Clinica

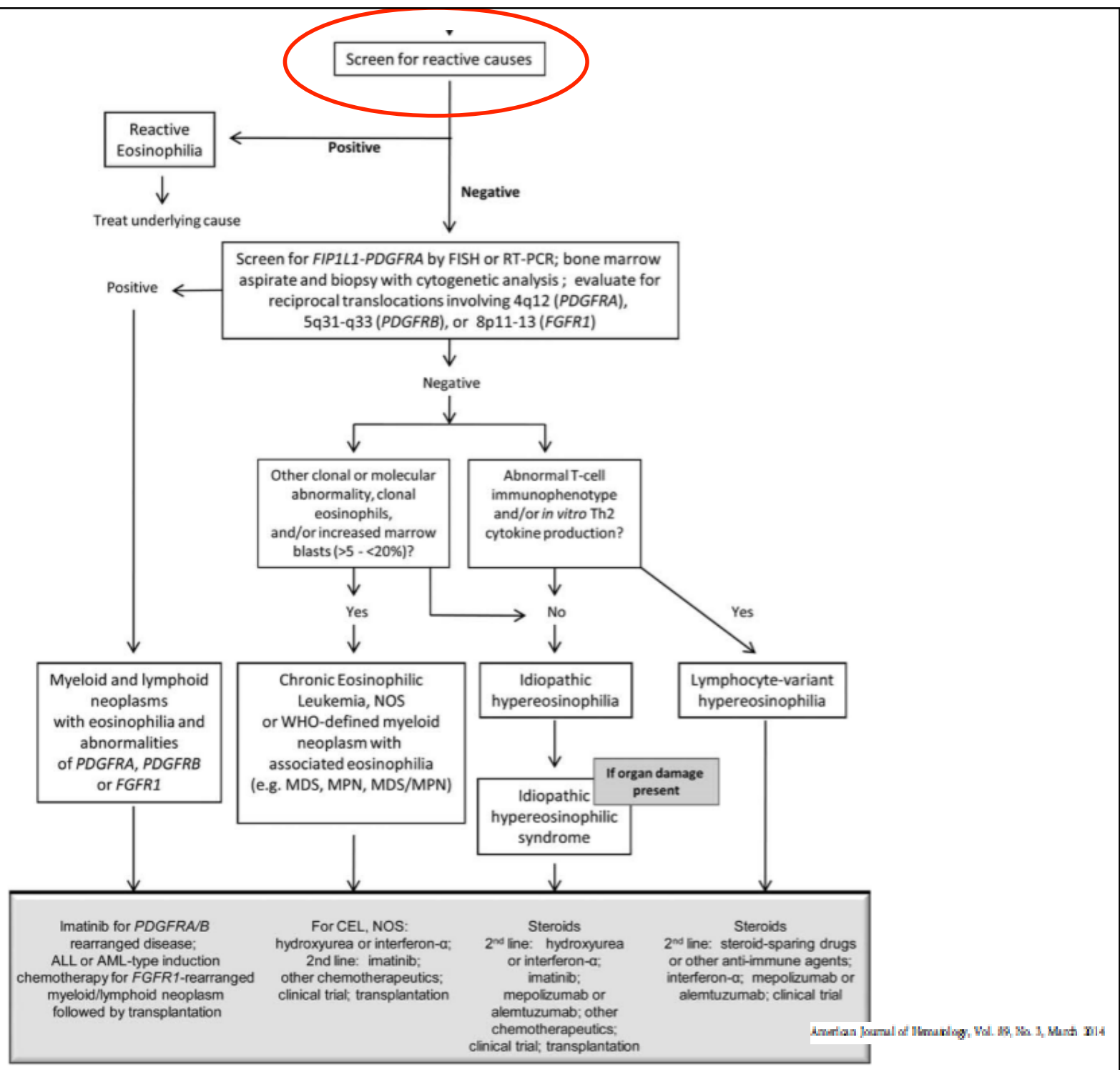
50 pazienti (1)	
Astenia	26%
Tosse	24%
Dispnea	16%
Mialgie e angioedema	14%
Rash e febbre	12%
Lesioni retiniche	10%
ASINTOMATICI	12%



6% asintomatici

Asintomatici per anni
Sintomi insidiosi per lungo tempo
Raramente morte improvvisa

- 1) *Fauci et al. Ann Intern Med*97:78,1982
- 2) *Ogbogu PU et al, J Allergy Clin Immunol* 2009;124:1319–1325.



Diagnosi

Escludi la secondarietà

Cause non neoplastiche

Allergie

Malattie polmonari (da ipersensibilità, Loeffler, Churg & Strauss)

Vasculiti e collagenopatie

Infezioni: batteri, funghi, **elminti** (cisticercosi, echinococco, filariosi, strongiloide,...)

Farmaci:

con danno d'organo (polmoni: nitrofurantoina, FANS, sulfamidici; fegato: tetracicline; muscoli: L-triptofano; nefrite interstiziale: cefalosporine; rash cutaneo con ss. sistemici: antiepilettici)

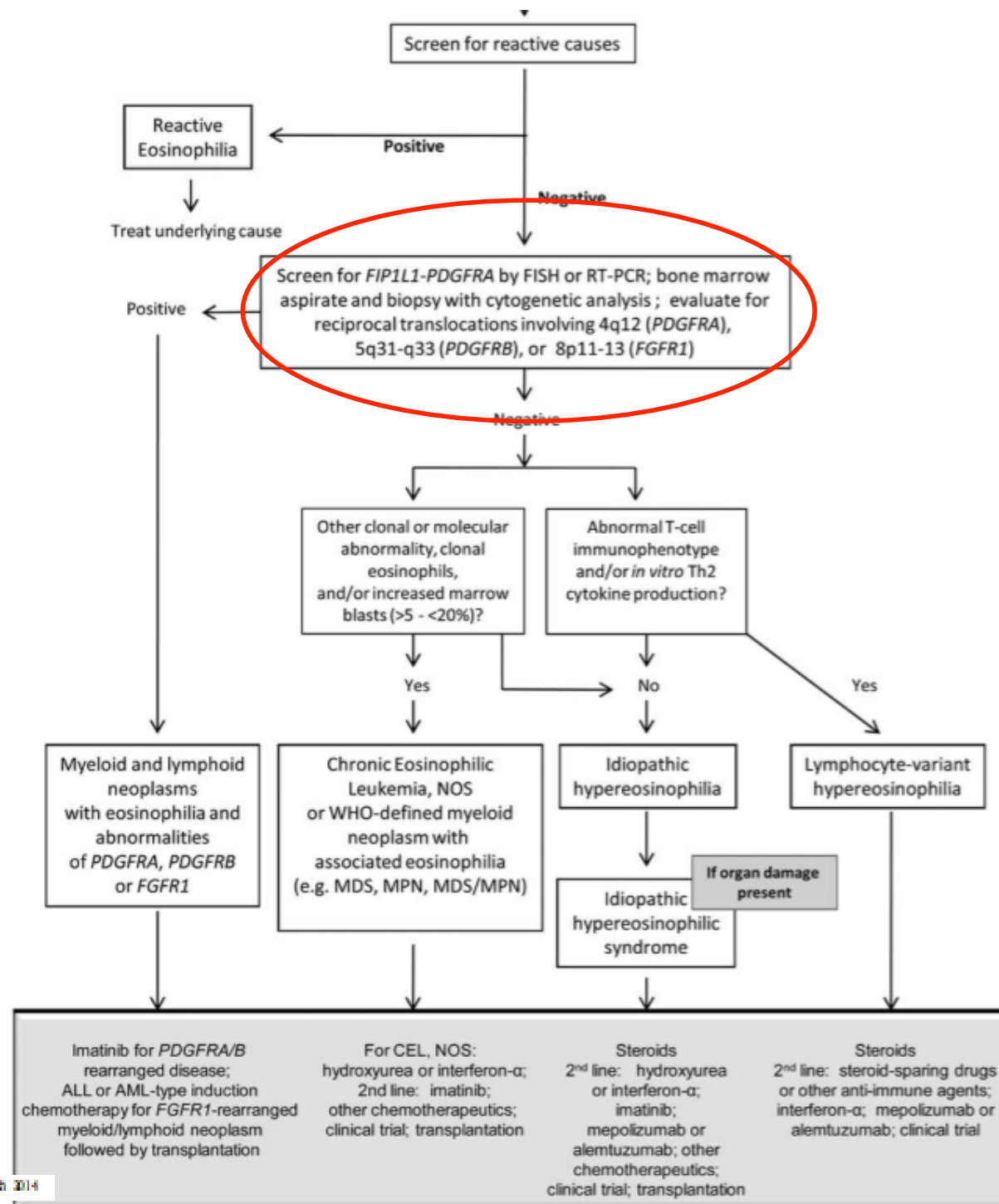
senza danno d'organo (chinina, cefalosporine, quinolone)

Diagnosi

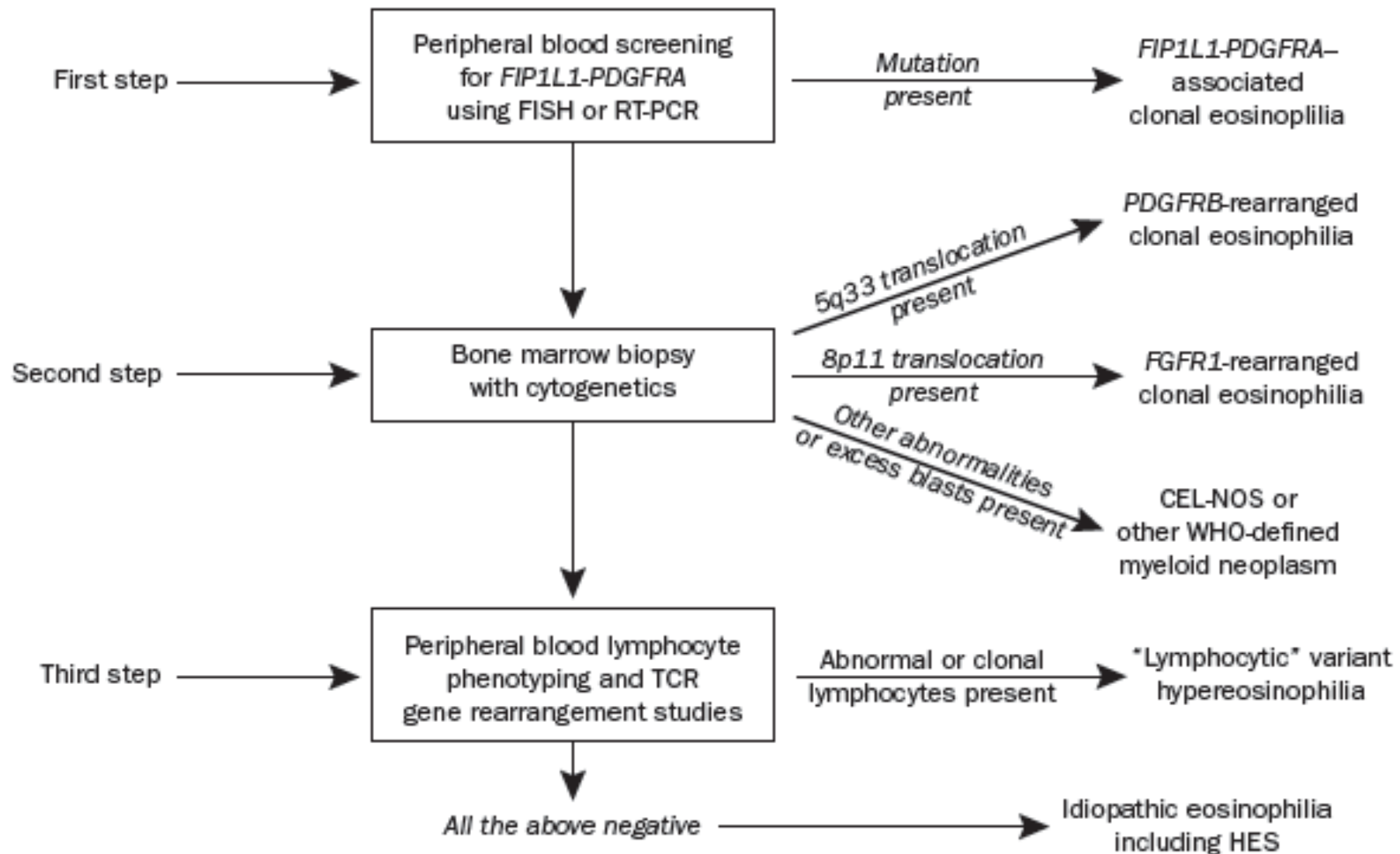
Escludi la secondarietà

Cause neoplastiche

- Linfomi a cellule T (inclusa micosi fungoide e Sezary)
- Linfoma di Hodgkin
- Leucemia linfoblastica
- Mastocitosi
- Leucemia mieloide cronica Ph/BCR-ABL positiva
- Leucemie mieloidi acute con inv(16), t(6;16)
- Altre malattie mieloproliferative croniche (PV, TE, MF)
- Sindromi mielodisplastiche



Ricerca della clonalità



Diagnosi

M-HES/CELnos

Epatosplenomegalia, anemia, piastrinopenia, forme immature, ritardo maturativo, B12 aumentata

PDGFRa	Aumento triptasi e mastcellule midollari	Del criptica 4q12 FIP1L1-PDGFRa Almeno altri 66 geni partner
PDGFRb	monocitosi	T(5;12)(p13.2;q32) ETV-PDGFRb altri 22 gene partner
FGFR1	T-ALL o AML	T 8p11.2 vari geni partner
PCM1/JAK2	Aumento eritroide spostato a sinistra; aggregati linfoidi	T(8;9)(p22;q24.1)

Diagnosi

CEL-NOS WHO2008

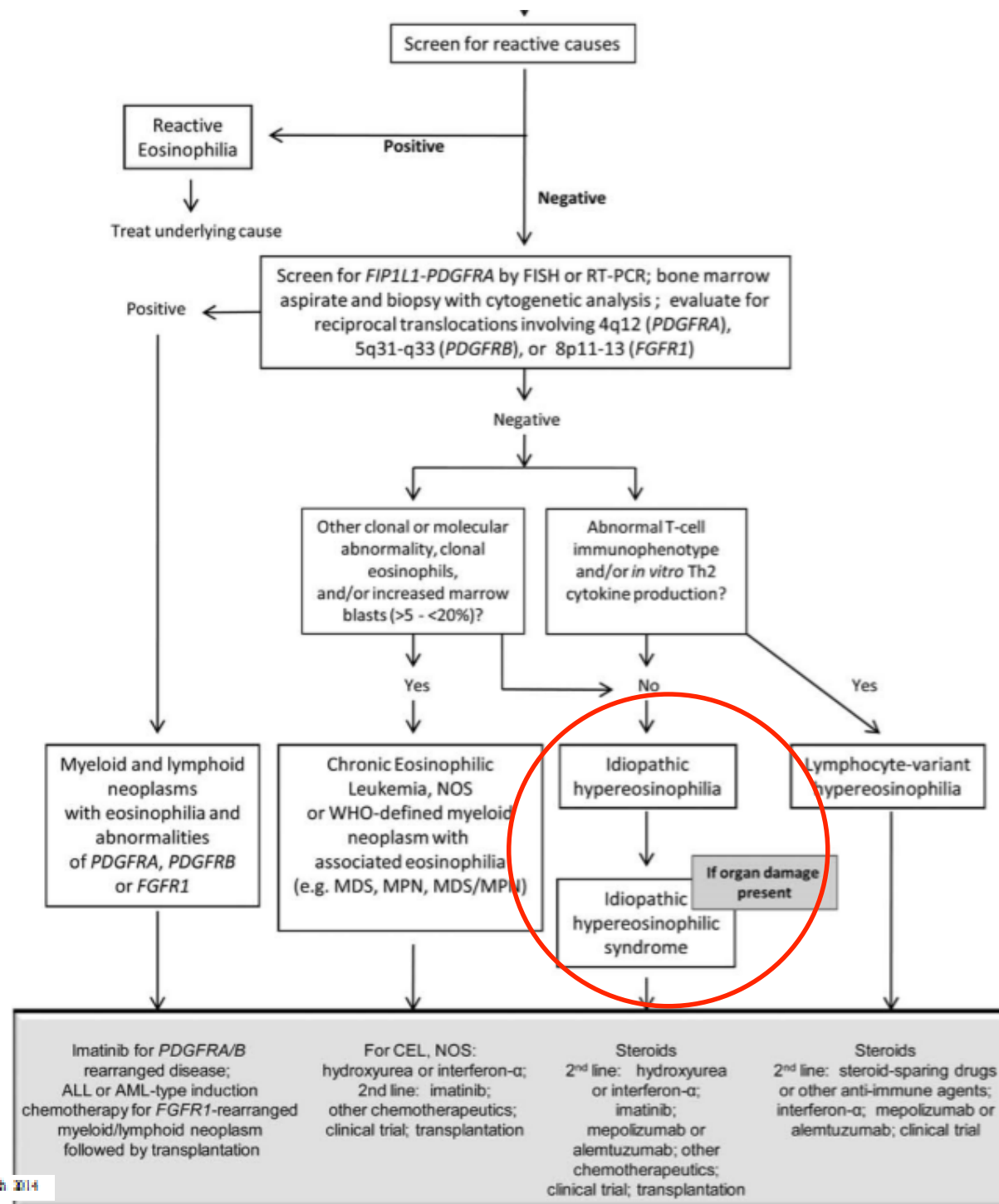
- Eosinofilia $> 1.5 \times 10^9/L$
- **No** cromosoma Philadelphia, BCR-ABL1, altre MPN (PV, ET, PMF) o MDS
- **No** t(5;12) o altri riarrangiamenti di PDGFRa
- **No** FIP1L1-PDGFRb o altri riarrangiamenti di PDGFRb
- **No** riarrangiamnti di FGFR1
- **No** inv(16) o altri indicatori di AML
- Può esserci una anomalia citogenetica o molecolare non ricorrente e blasti $<2\%$ nel SP e $<20\%$ nel midollo;

Diagnosi

Lv-HES

Spesso segni cutanei

CD3+CD4-CD8-	Aumento IgE, IL5, TARC (Thymus and Activation-Regulated Chemokine)	Profilo Th2
CD3-CD4+	EBV?	
CD5+/CD7-		
TCR		



Esami per la diagnosi

anamnesi e visita accurata (compresa tutta la cute)

emocromo, formula leucocitaria, fosfatasi alcaline leucocitarie

ricerca parassiti nelle feci su più campioni, sierologia per toxo, toxocara, stongiloide, trichinella, HIV

dosaggio IgE totale e specifico, LDH, vitamina B₁₂, CPK, aldolasi, VES, proteina C reattiva, fattore reumatoide, funzione epatica e renale, anticorpi anti nucleo, anticorpi anti-DNA, ANCA, triptasi, troponina

Rx torace, eventuale TAC

ECG, ecocardiografia, RMN

ecografia addome, eventuale TAC

se richiesti, esofagogastroduodenoscopia, pancolonscopia

agoaspirato midollare, citogenetica e FISH, BCR-ABL, JAK2, FIP1L1-PDGFa, altri studi molecolari

biopsia osteomidollare

Diagnosi: morfologia

Criterio utile?

sangue periferico	sangue midollare
eosinofili maturi granulazioni sparse vacuoli citoplasmatici iper/iposegmentazione del nucleo taglia aumentata neutrofilia/monocitosi basofilia blasti < 2%	eosinofilia prevalente in vari stadi di maturazione blasti < 5% Fibrosi (BOM)

Nella diagnosi differenziale vanno ricercati gli aspetti caratteristici delle MDS, della MMM

Decorso clinico-prognosi

- 57 casi: sopravv mediana 9 mesi; a 3 anni 12% (Chusid MJ Medicine 1975;54:1–27). Cardiopatia come causa principale di morte
- 40 casi: sopravv a 5 anni 80%, 42% a 15 anni; fattori prognostici negativi: elevati GB ed eos, loc.cardiaca, refrattarietà a steroide, maschi (Lefebvre C, Ann Med Interne 1989;140:253–257)
- 247 casi: 23 decessi in 19 anni compresi nella revisione (Podjasek JC, Leuk Res 2013;37:392–395)
- CEL-NOS: 10 pz, sopravv mediana 22 mesi (Helbig G, Am J Hematol 2012;87:643–645).

Quali test prognostici?

Triptasi sierica

Klion A et al. Blood 101:4660, 2003

Table 2. Characteristics of HES patients with increased and normal tryptase levels

Patient group	Serum tryptase level 11.5 ng/mL or greater	Serum tryptase level less than 11.5 ng/mL	P
Number of patients	9	6	
Median age, y (range)	38 (28-77)	36 (17-57)	NS
Sex, M/F	9/0	1/5	< .01
WBC, × 10 ⁹ /L, median (range)	18.1 (13.3-31.6)	8.2 (6.2-16.4)	.04
Eosinophils, × 10 ⁹ /L, median (range)	8.352 (2.425-27.550)	1.792 (.707-6.216)	< .01
Basophils, × 10 ⁹ /L, median (range)	.001 (0-.072)	.026 (.009-.057)	NS
Splenomegaly	7/9	0/6	< .01
Myeloid precursors on peripheral smear	8/9	0/6	< .01
Bone marrow biopsy cellularity, greater than 50%	7/9	1/4	NS
Dysplastic mast cells*	7/9	0/4	.02
Myelofibrosis†	5/9	0/4	NS
Median hemoglobin, g/dL (range)	12.2 (6.9-13.8)	13.8 (11-15)	.08
Median platelet count, 10 ⁹ /L (range)	165 (95-223)	283 (192-531)	< .01
Median serum IgE level, kU/L (range)	15 (0-4862)	137 (11-544)	.08
Median serum B ₁₂ level, pM (range)	4255 (2315-20 316)	592 (276-838)	< .01

NS indicates not significant.

*More than 25% of mast cells in bone marrow biopsy are spindle-shaped.

†Presence of antireticulin antibody staining on bone marrow biopsy.

Esistono sucedanei alla biopsia per definire il danno d'organo?

Troponina

(Sato Y et al. Internal Medicine 39, 350, 2000)

Approccio terapeutico

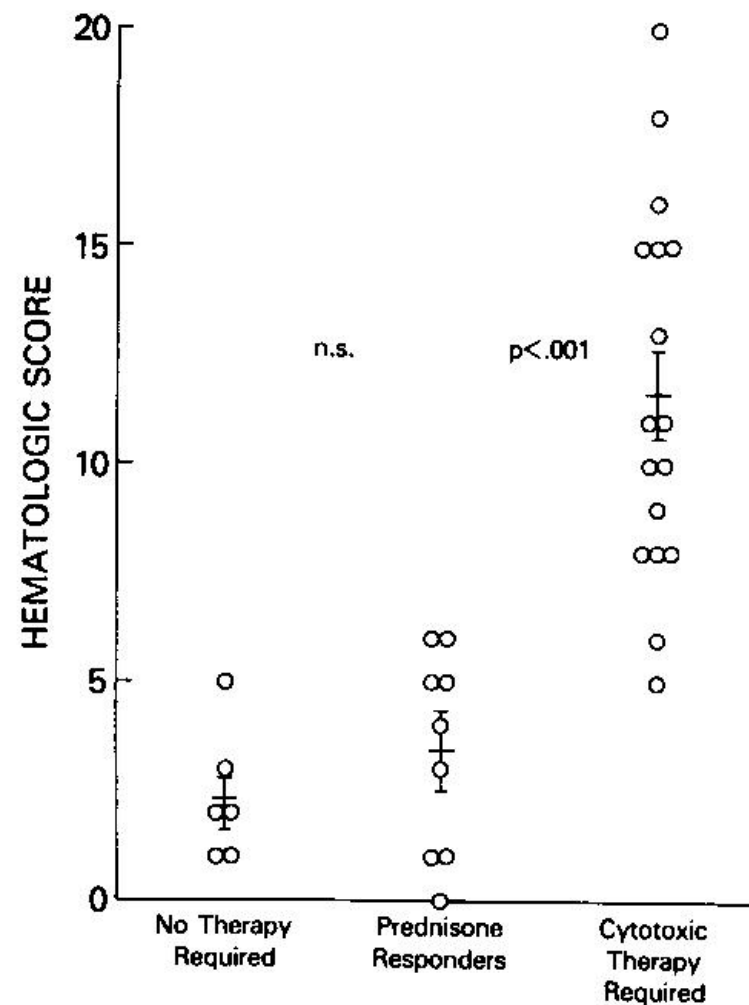
- Non vi sono dati per definire l'inizio ideale della terapia, perché mancano dati sul rilievo dell'entità e della durata dell'eosinofilia
- Nella CEL-HES, dai dati storici, è indicata terapia anche in assenza di danno d'organo
- Per U-HE è possibile il monitoraggio clinico

Grading system

Flaum et al. Blood 58: 1012, 1981

Table 1. Hematologic Grading System

Peripheral blood		
Anemia		2
Moderate to severe red blood cell morphological abnormalities		1
Increased platelets		1
Decreased platelets		2
Myeloid dyspoiesis or hypersegmentation		1
Basophilia (> 200 cells/cu mm)		2
Immature WBCs		
Myeloblasts or progranulocytes		2
Metamyelocytes or myelocytes		1
Bone marrow		
Hypercellularity		
Mild-moderate		1
Marked		2
Decreased megakaryocytes		1
Myelofibrosis		2
Myeloid dyspoiesis		2
Basophilia (> 1% of differential)		2
Myeloblasts-progranulocytes (>5% of differential)		2
Abnormal cytogenetics		2
Increased B ₁₂		1
LAP-abnormal		1



Vicenza, 1993-2015

Epidemiologia

174 casi riferiti per eosinofilia

3 linfomi

2 sierologie positive per toxocara canis

1 strongyloides

4 mielodisplasie

76 con conta <1500/mmc o reattive

88 considerati come possibili HES

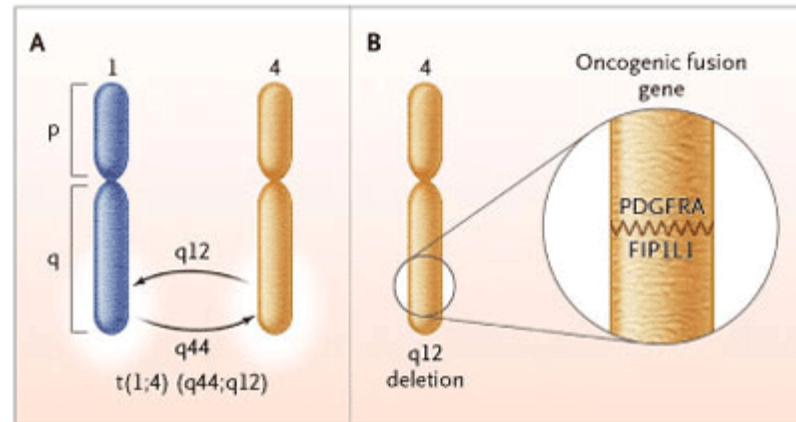
34 con screening per PDGFRa

9 (26%) F/P positivi

1 LAL

1 LAM

Terapia: imatinib



All fusion transcripts were found to be in frame and involved use of cryptic splice sites within PDGFRA exon 12 (defined as type A breakpoint) or within intronic sequence of FIP1L1 (type B).

Terapia: Imatinib

- Imatinib è stato usato in 5 pazienti con HES idiopatica (Gleich et al, Lancet 2002)
- 4 risposte, con 100 mg die, ridotti a 200 mg/sett

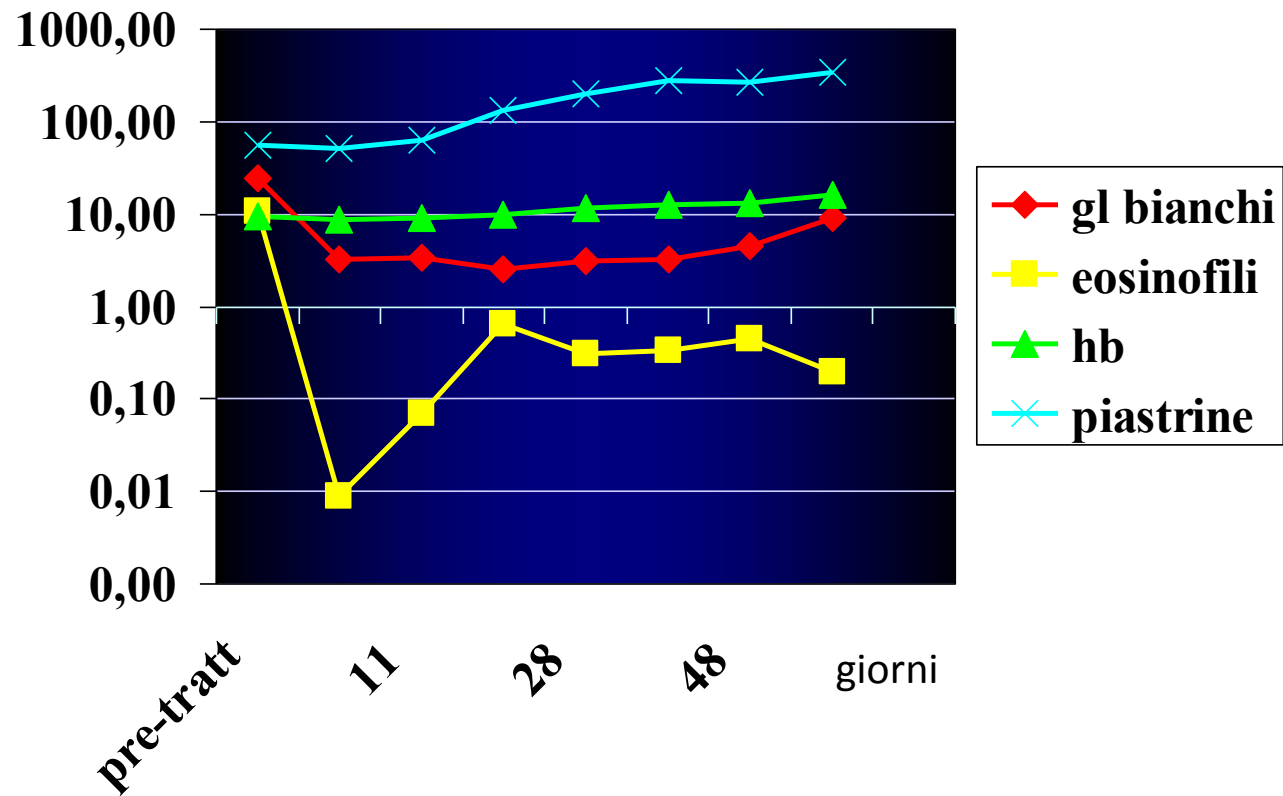
Terapia: Imatinib

Cools et al. NEJM 2003

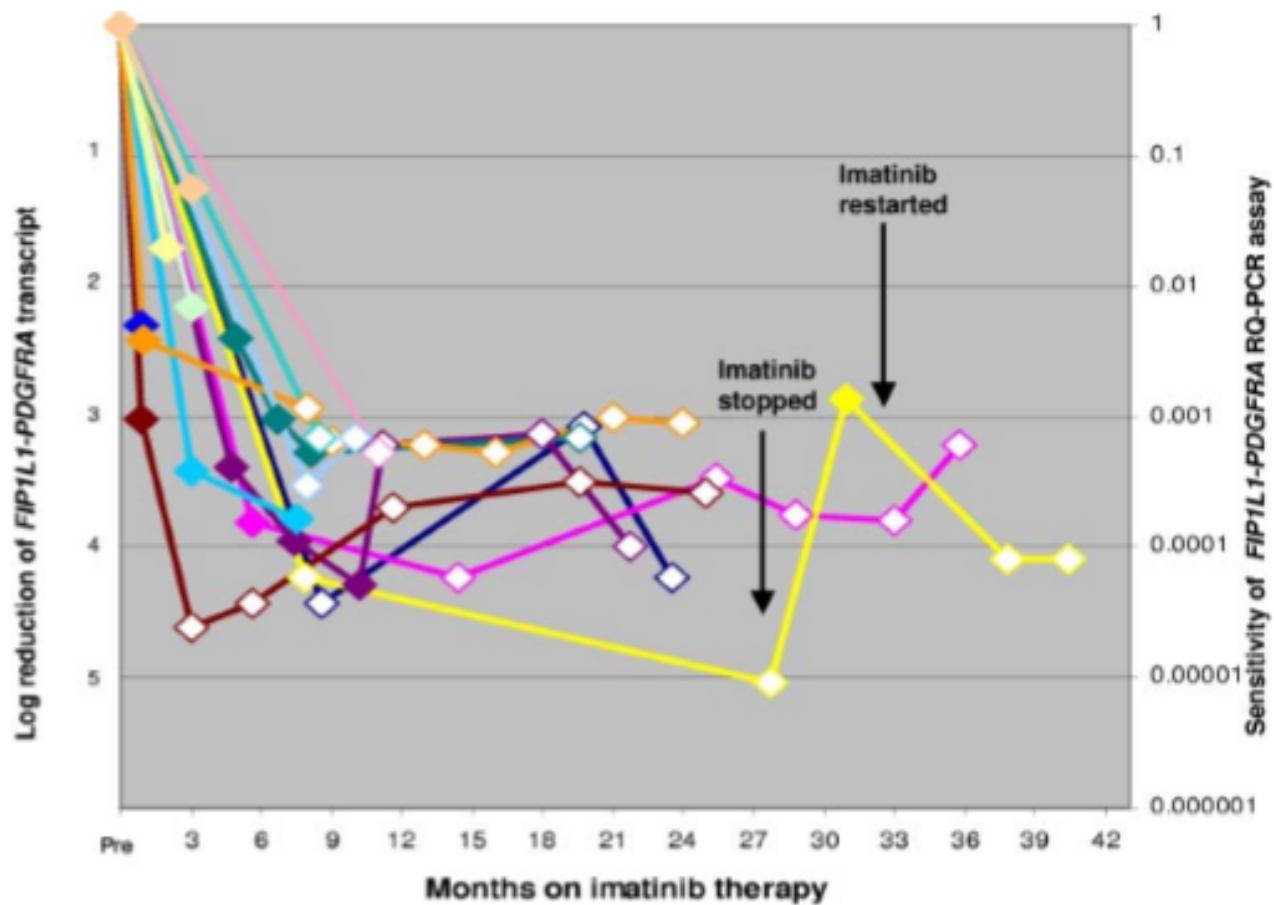
- 11 pt: imatinib 100-400 mg die
- 9 di 11 remissione >3 mesi, dopo terapia mediana 4 settimane
- dall'analisi di 1 pt con t(1;4)(q44;q12) viene definito per la prima volta il gene di fusione FIP1-like1 (FIP1L1), evidenziando la delezione interstiziale in 4q12
- 9 ptt sequenziati: 5 avevano il gene di fusione
- 1 pt sviluppa resistenza a imatinib: definita nuova mutazione T647I (nella regione di legame ATP) di PDGFRA, nella stessa posizione di BCR-ABL T315I

VG, 66 aa, M, resistente a steroide e HU

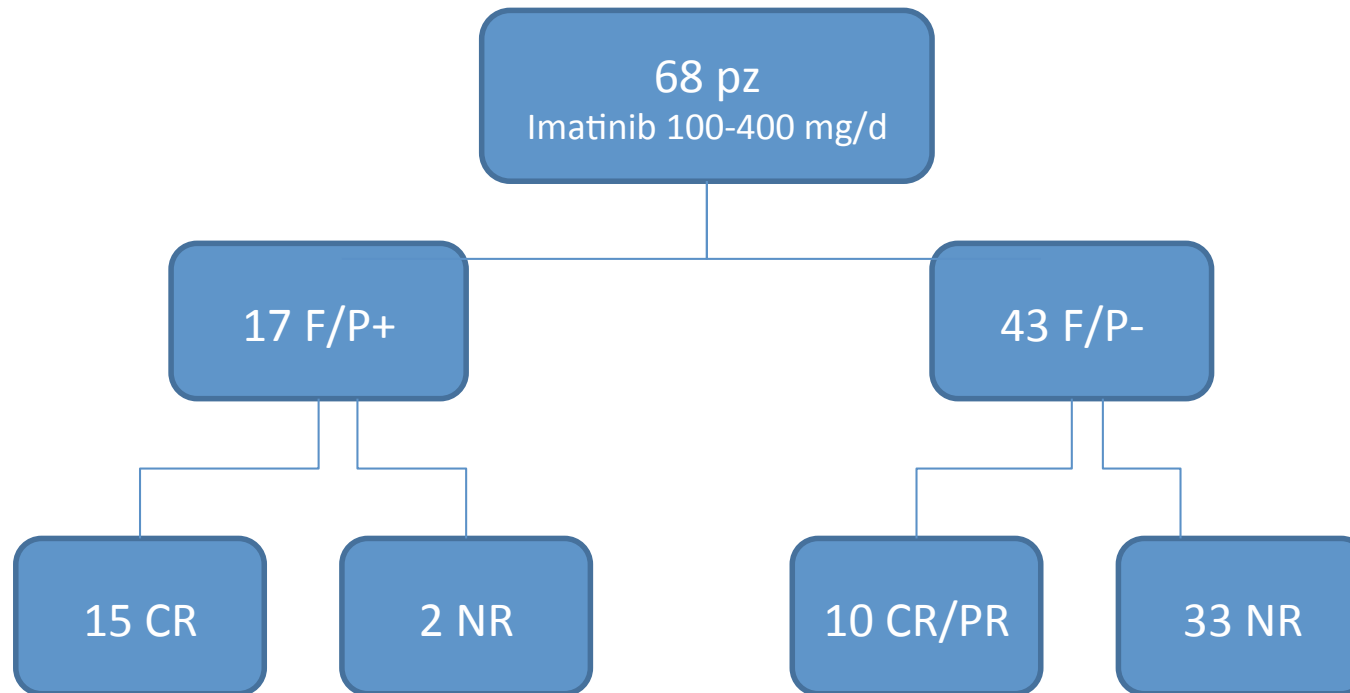
Terapia con Imatinib 100 mg/d



Terapia: f-up imatinib



Terapia: Imatinib



Che significato dare alla risposta ad Imatinib in F/P negativi?

Novel imatinib-sensitive PDGFRA-activating point mutations in hypereosinophilic syndrome induce growth factor independence and leukemia-like disease

Elling C, Blood.2011;117(10):2935-2943

- Sequencing of 87 FIP1L1-PDGFR α -negative HES patients revealed several novel PDGFRA point mutations (R481G, L507P, I562M, H570R, H650Q, N659S, L705P, R748G, and Y849S) in 7 patients
- Mutations (...) possess transforming potential (...) injected into mice (...) found that they induced a leukemia-like disease
- Oral imatinib treatment significantly decreased leukemic growth in vivo and prolonged survival

Terapia: f-up imatinib

	No FIP1L1-PDGFR α rearrangement		Complete hematologic response	
	FIP1L1-PDGFR α rearrangement	No FIP1L1-PDGFR α rearrangement	FIP1L1-PDGFR α rearrangement (n=27)	No FIP1L1-PDGFR α rearrangement (n=36)
No. of cases	27	36		
Gender, Male/Female, no. of cases	27/0	25/11		
Age, years, median (range)	50 (17-75)	58 (18-81)		
Hemoglobin, g/L, median (range)	137 (94-165)	138 (84-180)		
Platelet count, $\times 10^9/L$, median (range)	191 (29-365)	228 (27-668)		
WBC count, $\times 10^9/L$, median (range)	10.7 (1.8-57.5)	12.2 (6.7-47.0)		
Eosinophils %, median (range)	43 (20-85)	27 (13-38)		
Eosinophil count $\times 10^9/L$, median (range)	4.8 (1.6-16.5)	3.4 (1.5-34.9)		
Serum creatinine ≥ 20 mg/L, no. of cases	1/27	1/37		
Serum uric acid ≥ 60 mg/L, no. of cases	6/27	6/37		
Serum LDH ≥ 460 U/mL, no. of cases	5/27	6/37		
Organ or tissue involvement, no. of cases				
Lung	5/27	10/37		
Spleen	5/27	1/37		
Skin	0/27	5/37		
Heart	2/27	2/37		
Liver	1/27	1/37		
Soft tissues	2/27	0/37		
Waldeyer's ring	0/27	1/37		
Intestine	0/27	1/37		
Prior disease duration, months, median (range)	16 (6-125)	25 (6-209)		
Prior treatment, % of cases	66%	66%		
			Time on treatment	
			1 month	27 (100%) 4 (11%)
			3 months	27 (100%) 3 (8%)
			6 months	27 (100%) 3 (8%)
			12 months	27 (100%) 1 (3%)
			Last contact	27 (100%) 0 –

E' necessario conoscere F/P per imatinib?

Primary endpoint: definition of the dose-response relationship over time.

Imatinib 100 mg/d, weekly reassessment for step-up dosing (100 mg/d per week, up to 400 mg/d) for suboptimal response (stable disease or less)

25 patients.

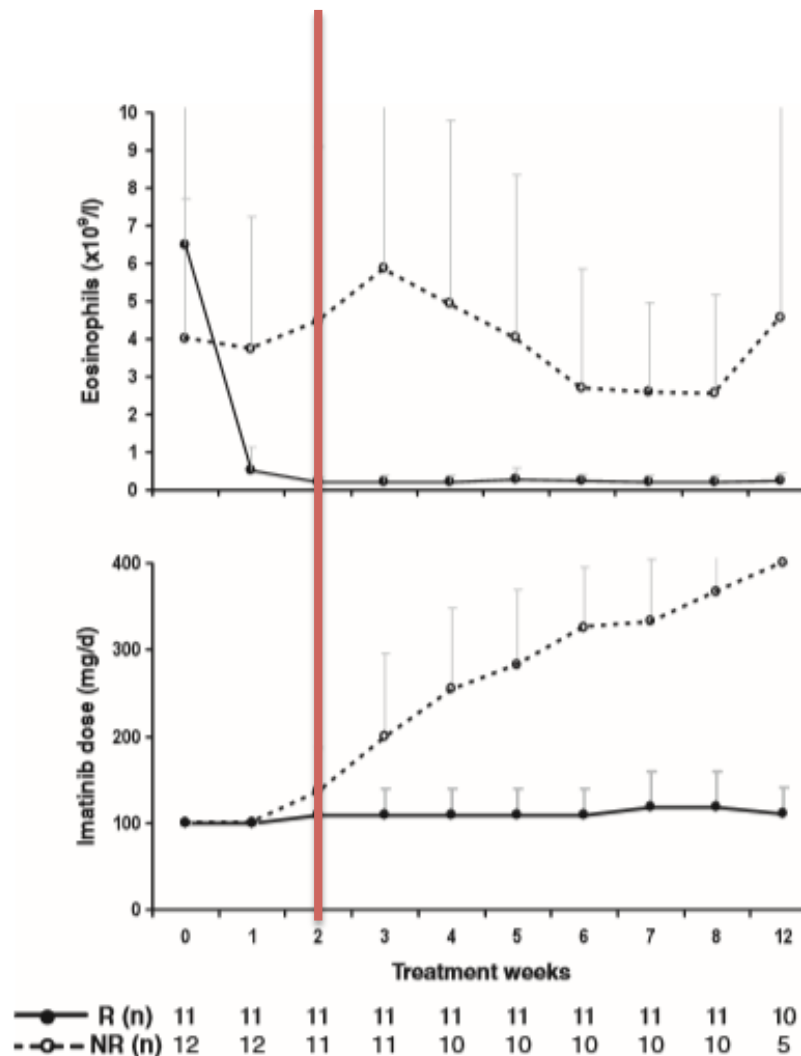
CR rate 42% in HES (5/12), 67% in CEL (4/6) and 40% in CIH (2/5)

100% in pts FIP1L1 pos (6/6) vs 29% in FIP1L1 neg (5/17) (P =0.0006).

CR rate 100% in PDGFRA-associated HES (6/6), 60% in CEL (3/5), 33% in HES complex (2/6) and 0% in benign HES (0/2) and the lymphocytic variant (0/4).

With the exception of T cell variants and selected benign cases, a short low-dose IM trial (100 mg/d for 2 weeks) can be recommended to rapidly confirm the diagnosis of IM-sensitive hypereosinophilia.

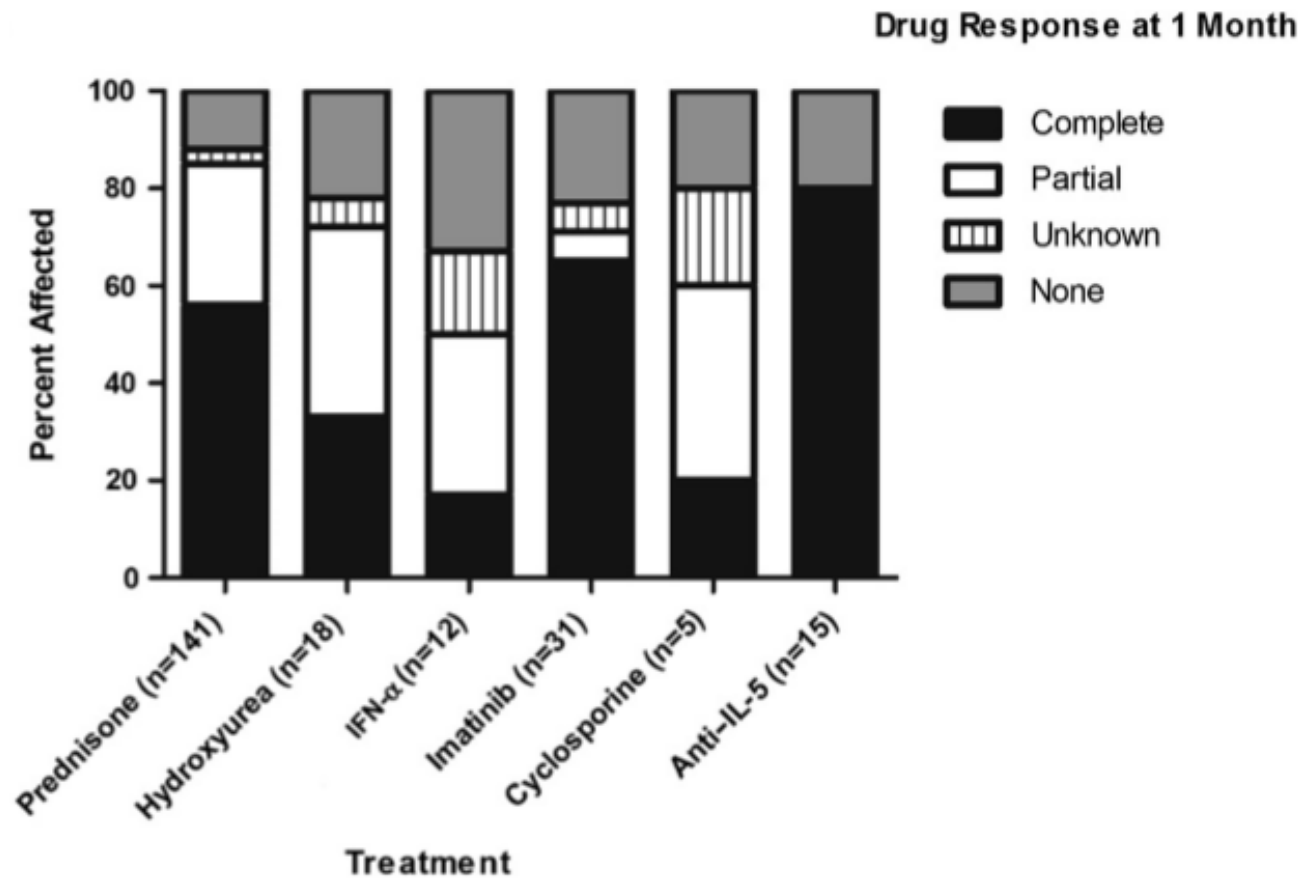
Genetic screening for IM-sensitive rearrangements should not greatly affect this decision because many of these rearrangements would remain undetected, whereas an early clinical response is an unequivocal indicator of drug sensitivity.



Esiste resistenza a Imatinib?

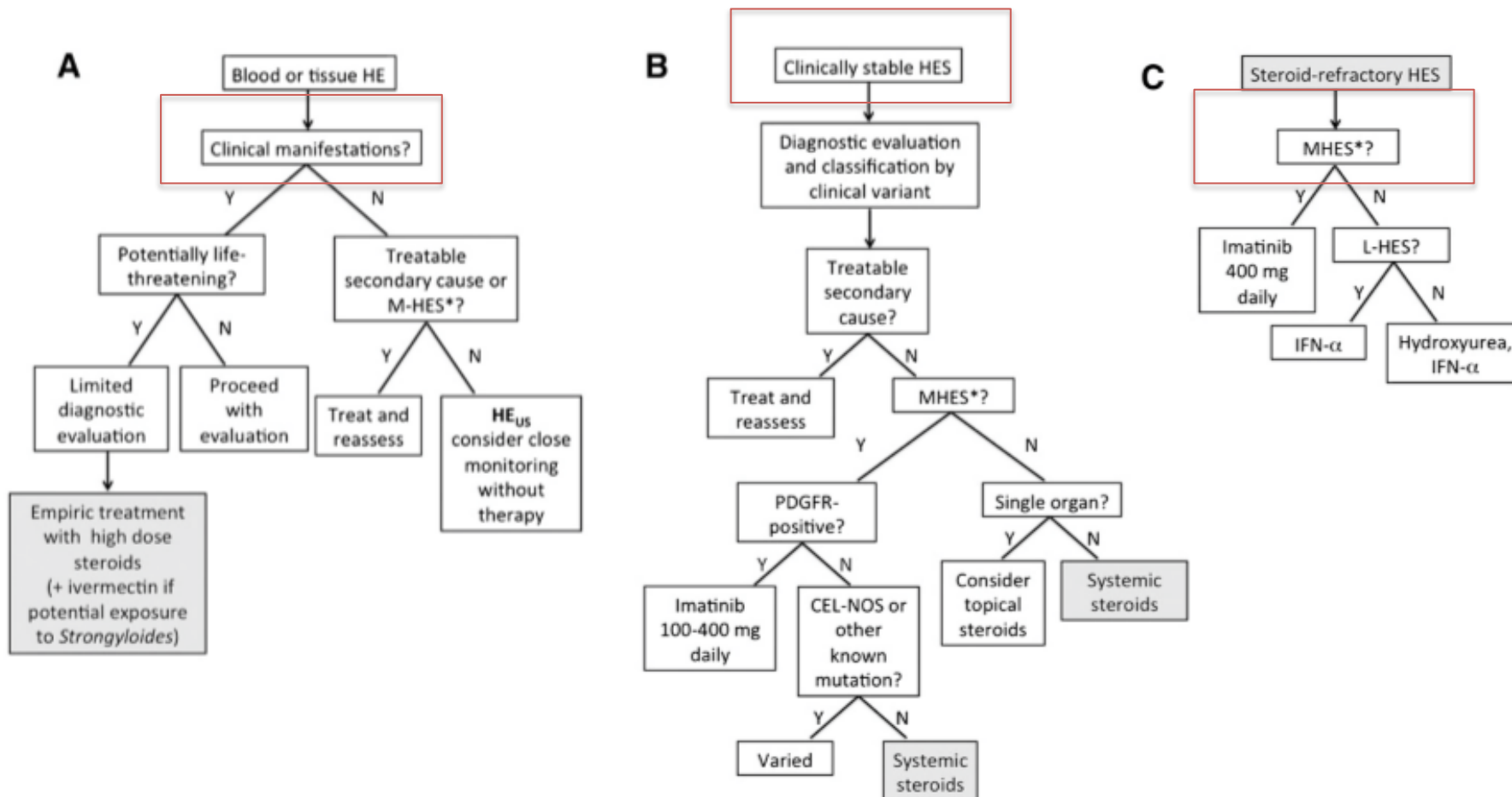
- In 13 anni circa di esperienza pochi singoli casi di resistenza acquisita riguardante la mutazione T674I
- 1 caso riportato di resistenza primaria con mutazione S601P e L629P

Approccio terapeutico



HES: algoritmi terapeutici

KLION AD, BLOOD, 2015, 126, 1069



U-HES

Elbig G, Med Oncol (2014) 31:815

Parameter	HE ^{US} (n)
Number of patients	40
Gender: male/female	12/28
Median age (range; years)	61 (17–85)
WBC ^a count ($\times 10^9/L$)	11.2 (5.5–70.1)
WBC > 10 ($\times 10^9/L$)	52 %
Hemoglobin (g/dL)	13.0 (8.7–19.1)
Hemoglobin <12 (g/dL)	22 %
Platelet count ($\times 10^9/L$)	289 (68–605)
Platelet count <150 ($\times 10^9/L$)	2 %
AEC ^b ($\times 10^9/L$)	4.2 (1.5–55.4)
AEC >3 $\times 10^9/L$	42 %
Eosinophils in bone marrow (%)	30.5 (11–78.2)
Serum IgE (IU/mL) ^c	528 (11.9–4,089)
Serum IgE > N ^c	67 %
Serum B12 vitamin (pg/mL) ^c	333 (149–1,431)
Serum B12 > N ^c	2 %

^a WBC white blood cell, ^b AEC absolute eosinophil count, ^c normal ranges (N): IgE < 100 IU/mL; for vitamin B12 level: 157–1,057 pg/mL

12 pazienti iniziano steroide, asintomatici, per un valore alto di eosinofili.

Buona riduzione, terapia dipendente, necessità di dosi ridotte continuative

Quale il livello di eosinofili a cui trattare?

Per impedire le complicanze d'organo?

U-HES

Il trattamento di U-HES consiste in **steroidi**

se non responsivo o troppo prolungato (evidenze di grado 2b)

breve tentativo con imatinib (4-6 settimane)

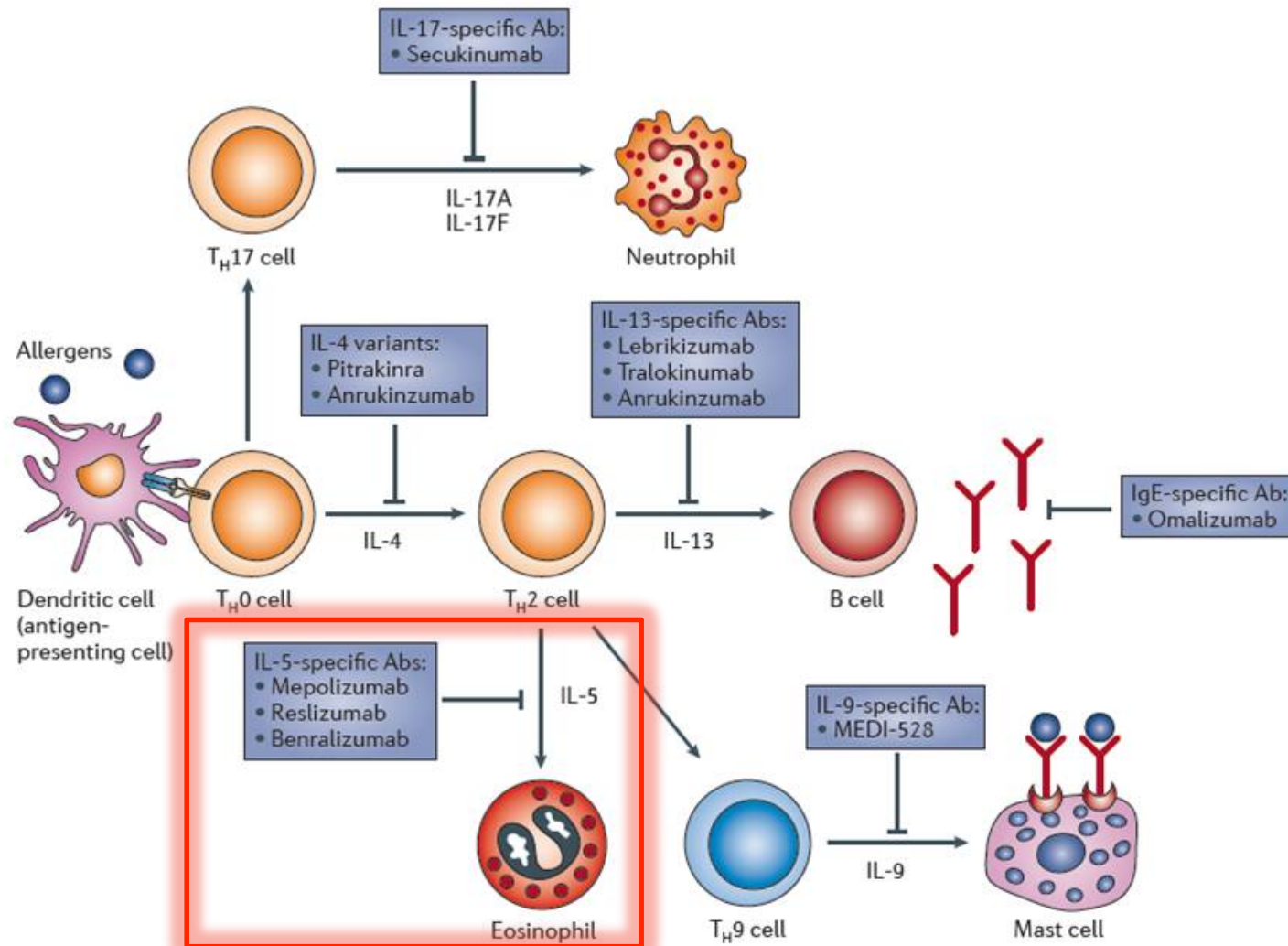
interferone α , ciclosporina, azatioprina (come nelle L-HES)

idrossiurea (nelle forme con leucocitosi marcata)

mepolizumab (nelle forme con interessamento d'organo grave/refrattario)

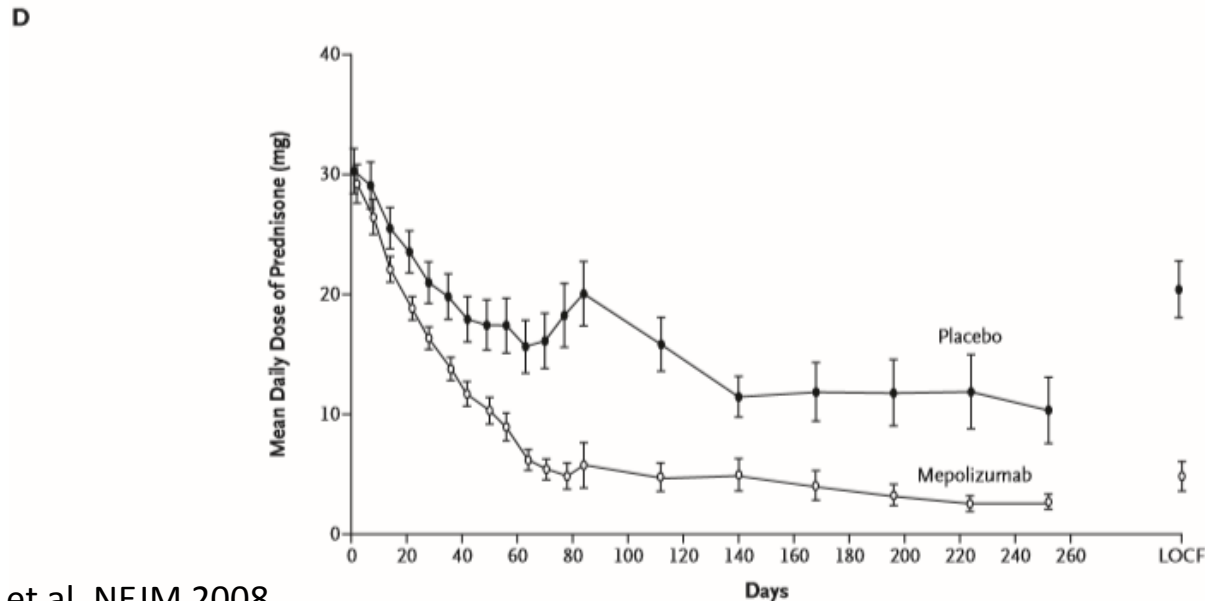
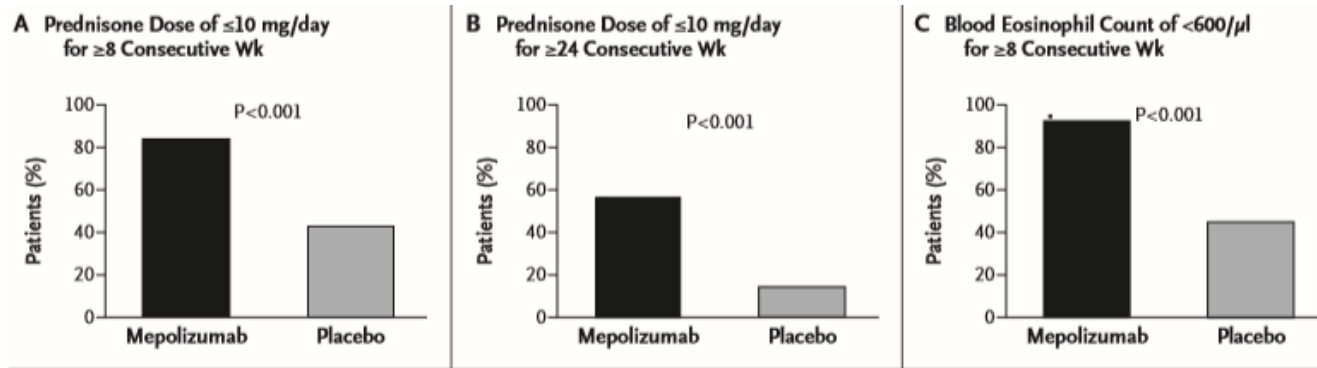
alantuzumab (forme con danno cardiaco o neurologico)

Altri approcci terapeutici



Terapia: mepolizumab

End point primario la riduzione di prednisone a 10 mg o meno per >8 settimane consecutive



CONCLUSIONI

- Sindromi eosinofiliche: gruppo eterogeneo di malattie
 - maggiore studio nelle forme US-HES
 - necessità di raccolta dati clinici
- Imatinib: controllo clinico e molecolare (15%? dei pazienti)
- Altri inibitori TK?
- Anti -L5: controllo dell'espressione clinica